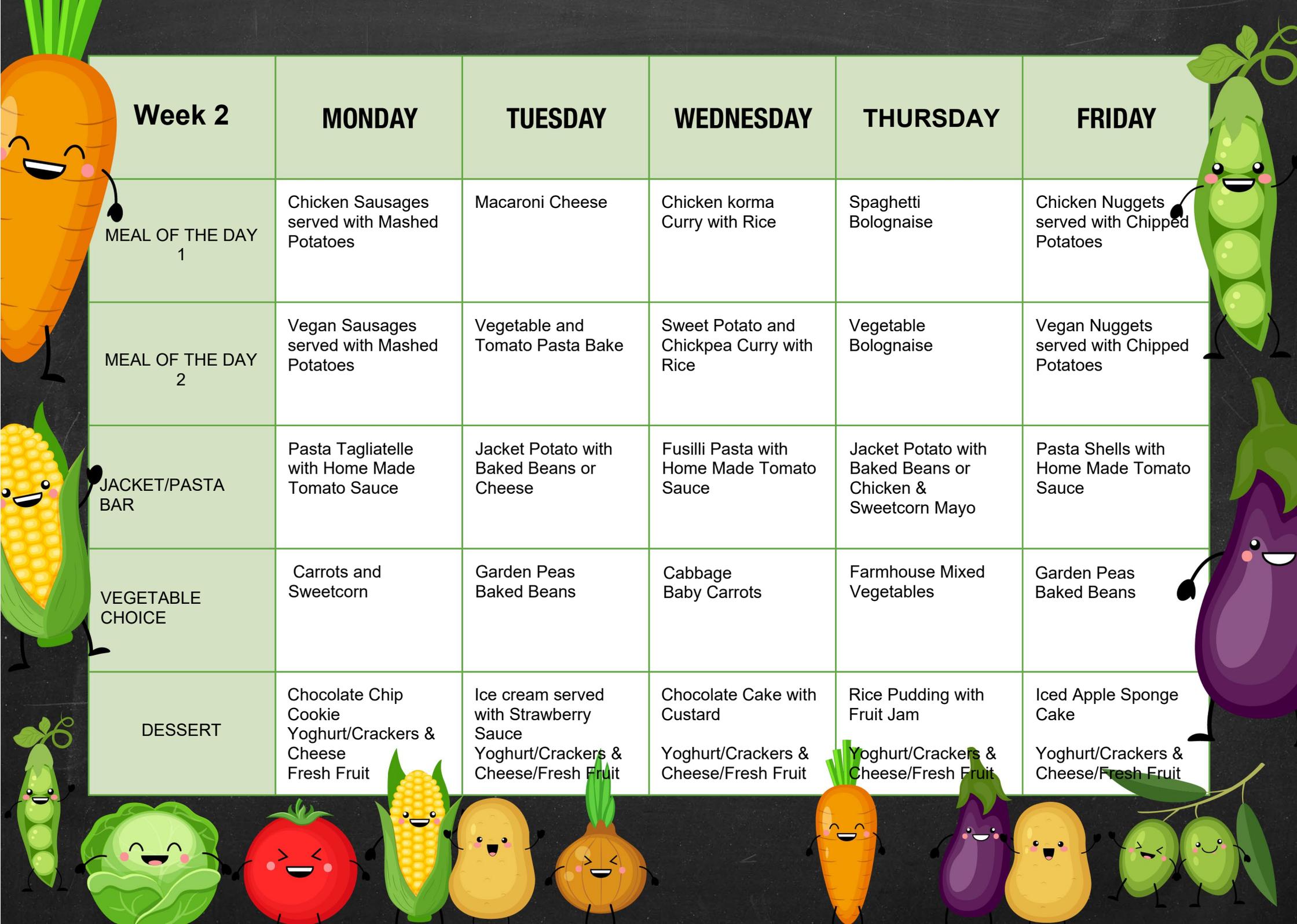
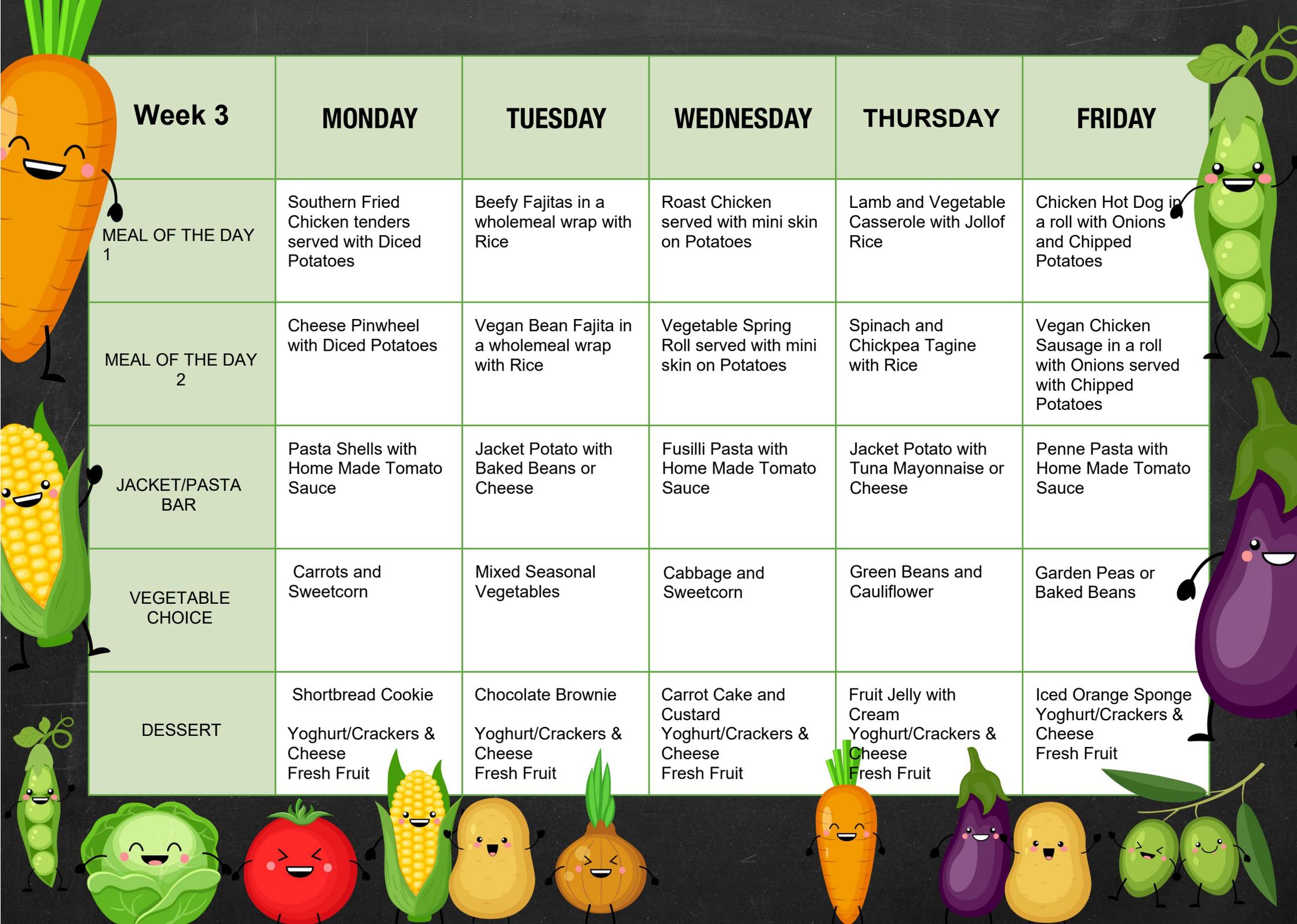


<b>Week 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
MEAL OF THE DAY 1	Mild Beef Chilli con Carne with Rice	Beef Burger in a Bun with Potato Wedges	Roast Chicken served with Mini skin on Roast Potatoes	BBQ Chicken served with Savoury Rice	Breaded Salmon Fish Fingers served with Chipped Potatoes
MEAL OF THE DAY 2	Mild Bean Chilli con Carne with Rice	Vegetable Burger in a Bun with Potato Wedges	Cheese & Onion Pasty served with Mini skin on Roast Potatoes	Falafels served with Savoury Rice and Sweet Chilli Sauce	Margherita Pizza Served with Chipped Potatoes
JACKET/PASTA BAR	Jacket Potato with Cheese or Chicken & Sweetcorn Mayo	Pasta Shells with Homemade Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Penne Pasta with Homemade Tomato Sauce	Jacket Potato with Cheese or Tuna Mayonnaise
VEGETABLE CHOICE	Mixed Seasonal Vegetables	Sweetcorn & Green Beans	Carrots and Cauliflower	Broccoli and Sweetcorn	Garden Peas and Baked Beans
DESSERT	Apple Crumble with Custard Yoghurt/Crackers & Cheese/Fresh Fruit	Jelly with Fruit Yoghurt/Crackers & Cheese/ Fresh Fruit	Shortbread Cookie Yoghurt/Crackers & Cheese/Fresh Fruit	Birthday Cake with Custard Yoghurt/Crackers & Cheese/Fresh Fruit	Choc Ice Yoghurt/Crackers & Cheese/Fresh Fruit



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL OF THE DAY 1	Chicken Sausages served with Mashed Potatoes	Macaroni Cheese	Chicken korma Curry with Rice	Spaghetti Bolognaise	Chicken Nuggets served with Chipped Potatoes
MEAL OF THE DAY 2	Vegan Sausages served with Mashed Potatoes	Vegetable and Tomato Pasta Bake	Sweet Potato and Chickpea Curry with Rice	Vegetable Bolognaise	Vegan Nuggets served with Chipped Potatoes
JACKET/PASTA BAR	Pasta Tagliatelle with Home Made Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Fusilli Pasta with Home Made Tomato Sauce	Jacket Potato with Baked Beans or Chicken & Sweetcorn Mayo	Pasta Shells with Home Made Tomato Sauce
VEGETABLE CHOICE	Carrots and Sweetcorn	Garden Peas Baked Beans	Cabbage Baby Carrots	Farmhouse Mixed Vegetables	Garden Peas Baked Beans
DESSERT	Chocolate Chip Cookie Yoghurt/Crackers & Cheese Fresh Fruit	Ice cream served with Strawberry Sauce Yoghurt/Crackers & Cheese/Fresh Fruit	Chocolate Cake with Custard Yoghurt/Crackers & Cheese/Fresh Fruit	Rice Pudding with Fruit Jam Yoghurt/Crackers & Cheese/Fresh Fruit	Iced Apple Sponge Cake Yoghurt/Crackers & Cheese/Fresh Fruit



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAL OF THE DAY 1	Southern Fried Chicken tenders served with Diced Potatoes	Beefy Fajitas in a wholemeal wrap with Rice	Roast Chicken served with mini skin on Potatoes	Lamb and Vegetable Casserole with Jollof Rice	Chicken Hot Dog in a roll with Onions and Chipped Potatoes
MEAL OF THE DAY 2	Cheese Pinwheel with Diced Potatoes	Vegan Bean Fajita in a wholemeal wrap with Rice	Vegetable Spring Roll served with mini skin on Potatoes	Spinach and Chickpea Tagine with Rice	Vegan Chicken Sausage in a roll with Onions served with Chipped Potatoes
JACKET/PASTA BAR	Pasta Shells with Home Made Tomato Sauce	Jacket Potato with Baked Beans or Cheese	Fusilli Pasta with Home Made Tomato Sauce	Jacket Potato with Tuna Mayonnaise or Cheese	Penne Pasta with Home Made Tomato Sauce
VEGETABLE CHOICE	Carrots and Sweetcorn	Mixed Seasonal Vegetables	Cabbage and Sweetcorn	Green Beans and Cauliflower	Garden Peas or Baked Beans
DESSERT	Shortbread Cookie Yoghurt/Crackers & Cheese Fresh Fruit	Chocolate Brownie Yoghurt/Crackers & Cheese Fresh Fruit	Carrot Cake and Custard Yoghurt/Crackers & Cheese Fresh Fruit	Fruit Jelly with Cream Yoghurt/Crackers & Cheese Fresh Fruit	Iced Orange Sponge Yoghurt/Crackers & Cheese Fresh Fruit