## Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Beef Chilli	Chicken sausages	Roast Chicken	Beef Meatballs in tomato sauce	Chicken Nuggets
Vegetarian Chilli	Quorn sausages	Cheese & tomato swirls	Vegetable lasagne	Quorn Nuggets
Steamed Rice	Creamed potatoes	Roast Potatoes	Pasta	Healthy Fries
Glazed Carrots	Mixed Vegetables	Swede & Carrot	Garlic roasted peppers, onions & courgettes	Baked Beans
Green Beans	Baked Beans	Cabbage	Sweetcorn	Garden Peas
Vanilla Sponge served with custard	Jelly & Neapolitan Ice Cream	Gateaux	Chocolate cake served with chocolate custard	Chocolate & Vanilla Mousse
Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
Selection from the salad bar	Selection from the salad bar			
Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread	Daily choice of fresh rolls or speciality bread
Daily choice of fresh fruit or yogurt	Daily choice of fresh fruit , yogurt	Daily choice of fresh fruit , yogurt	Daily choice of fresh fruit , yogurt	Daily choice of fresh fruit , yogurt