## Week 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Beef Chilli | Chicken sausages | Roast Chicken | Beef Meatballs in tomato sauce | Chicken Nuggets |
| Vegetarian Chilli | Quorn sausages | Cheese \& tomato swirls | Vegetable lasagne | Quorn Nuggets |
| Steamed Rice | Creamed potatoes | Roast Potatoes | Pasta | Healthy Fries |
| Glazed Carrots | Mixed Vegetables | Swede \& Carrot | Garlic roasted peppers, onions \& courgettes | Baked Beans |
| Green Beans | Baked Beans | Cabbage | Sweetcorn | Garden Peas |
| Vanilla Sponge served with custard | Jelly \& Neapolitan Ice Cream | Gateaux | Chocolate cake served with chocolate custard | Chocolate \& Vanilla <br> Mousse |
| Jacket potato | Jacket potato | Jacket potato | Jacket potato | Jacket potato |
| Selection from the salad bar | Selection from the salad bar | Selection from the salad bar | Selection from the salad bar | Selection from the salad bar |
| Daily choice of fresh rolls or speciality bread | Daily choice of fresh rolls or speciality bread | Daily choice of fresh rolls or speciality bread | Daily choice of fresh rolls or speciality bread | Daily choice of fresh rolls or speciality bread |
| Daily choice of fresh fruit or yogurt | Daily choice of fresh fruit, yogurt | Daily choice of fresh fruit, yogurt | Daily choice of fresh fruit , yogurt | Daily choice of fresh fruit, yogurt |

